



MONARK 891E



MAIN FEATURES

- For aerobic and anaerobic upper body test (Wingate option) and training
- Weight basket power control system
- Easy to start with lighter flywheel
- Extremely low start power 5W
- Adjustable height, both standing and sitting

THE BASICS

- Good cycle feeling
- Calibrated with correct weights
- 5 kHz HR system in display
- Workload range 5W (basket 0,1 kg)-700W
- Easy to get accurate workload thanks to weight basket system (0,1 0,5, 1 kg weights)
- Special handles (standard threads)

Medical Device class IIa

Monark Test Software

Specifications

MONARK 891E

Certifications	EU directive 93/42/EU class IIa
Frame	
Type	Arm ergometer
Handlebar	n/a
Stem	n/a
Seatpost	n/a
Saddle	n/a
BB	68/122 mm
Crank	Steel, 152 mm
Pedals	9/16", handles
RESISTANCE	
System	weight basket
Flywheel	20 kg,
DISPLAY	
RPM	Yes
HR	5 kHz
Time	Yes
Speed	Yes
Distance	Yes
Watt	Yes
Connectivity	
RS232	n/a
Usb	n/a
WEIGHT & MEASUREMENTS	
Max user weight	n/a
Lenght (mm)	1500 mm
Width (mm)	700 mm
Height (mm)	1660 mm
Weight (kg)	Ergometer 25 kg
POWER REQUIREMENTS	Batteries in the display



SOFTWARE

For fitness testing and in some cases, even training can be used with this model.



HEART RATE

Equipped to measure heartrate via chestbelt or sensors in the handles.



TEST

Offers the possibility of performing different tests thanks to the accurate workload which can be calibrated.



WHEELCHAIR

Adapted for use from a wheelchair

MEDICAL CE

Monark Exercise AB is since 1992 ISO 9001 certified. All models are:

- Approved under CE Certificate No. 153 601 (MDD IIa)
- Anti-corrosion treated and powder coated
- Made in Sweden